

# Complete Skin Beauty



Wheat Germ and Argan oils plus  
Collagen and Vitamin C.  
With added Zinc which contributes to the  
maintenance of normal skin.

With Vitamin C which contributes to normal collagen  
formation for the normal function of skin.  
Also with selenium which contributes to the maintenance  
of normal nails and hair

Silver Line Complete Skin Beauty contains three different  
but complementing tablets/capsules that aid bio  
availability, each blister has the days of the week to help  
with compliance.

28 Vitamin/Mineral/  
Herbs tablets /  
28 Wheat germ oil capsules /  
28 Argan oil capsules



Our full range

For more information, visit [www.fitnesspharma.uk.com](http://www.fitnesspharma.uk.com)



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# Food Supplement

28 TABLETS  
56 CAPSULES

- Use:** Triple pack contains nutrients contributing to the maintenance of normal skin
- Contents:** 28 convenient daily doses
- Recommended dosage:** As a food supplement, take all three tablets/capsules daily at meal times

## Daily dose contains:

### Product information:

Daily intake typically contains:

#### Vitamin

Vitamin C 80 mg 100% RDA

#### Mineral

Zinc 10 mg 100% RDA

#### Herbs

Citrus peel bioflavonoid complex 20 mg  
Collagen (marine) 20 mg  
Green tea leaves extract 20 mg  
Pine bark extract 20 mg  
Tomato extract (1% lycopene) 20 mg

#### Oil

Wheat germ oil 500 mg

Argan oil 500 mg

Of which

-Omega -3 fatty acids 175 mg

-Omega-9 fatty acids 250 mg

RDA = Recommended daily allowance

## Ingredients:

### Vitamin/Mineral/Herb tablet:

Bulking agents (microcrystalline cellulose, dicalcium phosphate, sodium carboxy methyl cellulose); Vitamin C (L-ascorbic acid); Anti-caking agents (fatty acids, silicon dioxide, magnesium salts of fatty acids); Zinc citrate; Citrus bioflavonoid extract; Collagen (fish); Green tea extract (camelia sinensis); Pine bark extract (pinus massoniana); Tomato extract; Glazing agent (hydroxypropyl methyl cellulose); Colours (titanium dioxide, iron oxide).

### Wheat Germ oil capsule:

Wheat germ oil; Capsule shell (gelatin (bovine), stabilizer (glycerol), water).

### Argan oil capsule:

Argan oil (argania spinosa L.); Capsule shell (gelatin (bovine), stabilizer (glycerol), water).

### Recommended dose:

As a food supplement for adults only, take all three tablets/capsules daily at meal times.

The recommended daily dose should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of sight and reach of children. Caution: This product should be avoided during pregnancy and breastfeeding.

Store in a cool dry place. Manufactured in EU.



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For Internal Training purposes only.