

Complete Hair & Nails Beauty



Argan oil and Coenzyme Q10 plus Vitamins.
With Zinc and Selenium which contributes
to the maintenance of normal hair and nails

Silver Line Complete Hair & Nails Beauty
contains three different but complementing
tablets/capsules that aid bio availability,
each blister has the days of the week
to help with compliance.

28 Vitamin/Mineral tablets /
28 Argan oil capsules /
28 CoQ10 Capsules



Our full range

For more information, visit www.fitnesspharma.uk.com



silver line

by Fitness Pharma

Food Supplement

28 TABLETS
56 CAPSULES

- Use:** Triple pack contains nutrients contributing to the maintenance of normal hair and nails
- Contents:** 28 convenient daily doses
- Recommended dosage:** As a food supplement, take all three tablets/capsules daily at meal times

Daily dose contains:

Product information:

Daily intake typically contains:

Vitamin

Vitamin A	800 µg RE	100% RDA
Vitamin E	18 mg TE	150% RDA
Vitamin C	120 mg	150% RDA
Vitamin B6	2.1 mg	150% RDA

Mineral

Zinc	15 mg	150% RDA
Selenium	110 µg	200% RDA

Oil

Argan oil	500 mg
Of which	
-Omega -3 fatty acids	175 mg
-Omega-9 fatty acids	250 mg

Co- enzyme Q10 100 mg

RDA = Recommended daily allowance

Ingredients:

Vitamin/Mineral tablet:

Zinc gluconate; Vitamin C (ascorbic acid); Bulking agents (mikrokrystalline cellulose, sodium carboxymethylcellulose crosslinked, polyvinylpyrrolidone); L-selenomethionine; Vitamin E (d-α-tocopherylacetate); Anti-caking agents (silicon dioxide, magnesium stearate); Glazing agent (hydroxypropyl methyl cellulose); Colour (iron oxide, titanium dioxide); Vitamin B6 (pyridoxine hydrochloride); Stabilizer (glycerol); Vitamin A (retinylacetate).

Argan oil capsule:

Argan oil (*Argania spinosa* L.); Capsule shell (gelatin (bovine), stabilizer (glycerol), water).

Q10 capsule:

Soybean oil (non GMO); Capsule shell (gelatin (bovine); Stabiliser (glycerol); Water; Colour (black iron oxide paste); Co-enzyme Q10 (ubidecarenone (fermented)); Antioxidant (d-alpha-Tocopherol from soy).

Recommended dose:

As a food supplement, take all three tablets/capsules daily at meal times.

The recommended daily dose should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of sight and reach of children. Contains Vitamin A. Do not take if pregnant or likely to become pregnant or if you take other retinol containing products.

Store in a cool dry place. Manufactured in EU.



For Internal Training purposes only.