# **Complete Enhanced Beauty**



by Fitness ) (Pharma

# **Food Supplement**

28 TABLETS 56 CAPSULES

Use: Triple pack contains nutrients contributing to the maintenance of

normal skin

Contents: 28 convenient daily doses

Recommended dosage: As a food supplement, take all three tablets/capsules daily at meal times

# Daily dose contains:

#### Product information:

#### Daily intake typically contains:

# Vitamin

) µg RE 100% RDA
mg TE 150% RDA
) mg   150% RDA
mg I50% RDA

### Mineral

Iron*	I4 mg	I00% RDA
Zinc	I5 mg	150% RDA
Copper	1500 µg	150% RDA
Selenium	I I 0 µg	200% RDA

#### Oil

Argan oil	500 mg
Of which	
-Omega -	3 fatty acid:
	) fran ': d-

175 mg 250 mg Fish oil concentrate 500 mg Of which omega-3 fatty acids 300 mg Of which - EPA (eicosapentaenoic acid) 165 mg - DHA (docosahexaenoic acid) II0 mg

Co- enzyme Q10 100 mg

RDA = Recommended daily allowance



## Ingredients:

#### Vitamin/Mineral tablet:

Bulking agents (calcium carbonate, microcrystalline cellulose); Vitamin C (ascorbic acid); Ferous fumarate; Anti-caking agents (magnesium stearate, Silicon dioxide); Zinc oxide; Copper sulphate; Glazing agent (hydroxypropyl methyl cellulose); Vitamin B6 (pyridoxine hydrochloride); Stabilizer (glycerol); Vitamin A (retinol palmitate); Folic acid; Sodium selenite; Vitamin D (ergocalciferol), Vitamin B12 (cyanocobalamin).

#### Argan oil capsule:

Argan oil (argánia spinosa L.); Capsule shell (gelatin (bovine), stabilizer (glycerol), water).

#### Omega 3 capsule:

Fish body oil; Capsule shell (gelatin (bovine), stabilizer (glycerol), water); Antioxidant (tocopherol-rich extract).

#### Recommended dose:

The recommended daily dose should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Contains Vitamin A. Do not take if pregnant or likely to become pregnant or if you take other retinol containing products. This product contains iron, which, if taken in excess, may be harmful to very young children. Keep out of sight and reach of

Store in a cool dry place. Manufactured in EU.

\* This amount of iron may cause mild stomach upset in sensitive individuals.

