

MenoPlus Complete



New!
Contains three Food
Supplements



For Women during the Menopause

PROVIDES RELIEF FROM THE SYMPTOMS OF MENOPAUSE

Whilst the symptoms of the menopause are very individual, the commonest problems are hot flushes and night sweats as well as fatigue caused by disrupted sleep. Another common symptom is dryness of the mucous membranes due to changes in hormonal production.

Fitness Pharma have developed a dietary supplement regime designed to help relieve these and other discomforts.

Fitness Pharma MenoPlus Complete contains three Quality Food Supplements:

- 28 x Sage tablet
- 28 x Sea Buckthorn Oil capsule
- 28 x Soya capsule

For more information, visit www.fitnesspharma.uk.com

Immune Complete



New!
Contains three Food
Supplements



For Normal Function of your Immune System

BOOST YOUR IMMUNE SYSTEM

The immune system – the body's natural defence against unwanted invaders – helps to ensure our health and wellbeing. Diet, lifestyle, and physical and mental strain all influence the strength of the body's resistance. When the body has sufficient resources, i.e. energy, vitamins and minerals and other substances, available, it is able to coordinate and control cell activity to keep the body healthy.

Fitness Pharma have developed a dietary supplement specifically for this purpose.

Fitness Pharma Immune Complete contains three Quality Food Supplements:

- 28 x Multivitamin/Mineral tablet
- 28 x Astaxanthin/Bilberry capsule
- 28 x Chlorella/Green tea capsule

Fitness Pharma[®]
www.fitnesspharma.uk.com

Your Daily Food Supplements



For more information, visit
www.fitnesspharma.uk.com

Pregnancy Complete



New!
Contains three Food
Supplements

For Women Prior to and During Pregnancy

SUPPLIES A SELECTED COMBINATION OF NUTRIENTS
RECOMMENDED FOR WOMEN PRIOR TO AND
THROUGHOUT PREGNANCY

A number of dietary supplements are recommended for preconception and during pregnancy. Additionally nursing mothers are recommended to follow the same dietary advice as they did during pregnancy.

Fitness Pharma have developed a dietary supplement specifically for this purpose.

*Fitness Pharma Pregnancy Complete
contains three Quality Food Supplements:*

- 28 x Vitamin tablet
- 28 x Dietary fibre capsule
- 28 x Fish oil capsule

For more information, visit www.fitnesspharma.uk.com

Energy Complete



New!
Contains three Food
Supplements

Nutritional Support for Helping Maintain Physical and Mental Capacity

YOUR DAILY ENERGY BOOSTER

During periods of fatigue, convalescence, overwork and irregular meal and sleep patterns, an added boost of daily energy may be needed.

Fitness Pharma have developed a dietary supplement specifically for this purpose.

*Fitness Pharma Energy Complete
contains three Quality Food Supplements:*

- 28 x Multivitamin & Mineral tablet with ginseng
- 28 x Coenzyme Q10 capsule
- 28 x Omega 3-6-9 capsule

For more information, visit www.fitnesspharma.uk.com

Daily Complete



New!
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Supplements

Your Daily Supply of Important Nutrients

TRIPLE PACK OF MULTIVITAMIN & MINERALS, OMEGA-3
FATTY ACIDS AND DIETARY FIBRE

In today's hectic lifestyle, a perfectly balanced diet may be hard to achieve and many people will need to top up on essential nutrients.

Fitness Pharma have developed a dietary supplement specifically for that purpose so you can maintain your daily balance.

*Fitness Pharma Daily Complete
contains three Quality Food Supplements:*

- 28 x Multivitamin & Mineral tablet
- 28 x Omega-3 capsule
- 28 x Dietary fibre capsule

For more information, visit www.fitnesspharma.uk.com